

## Warm Hands/Warm Hearts mittens

Recommended yarns at Knit One:

Simplicity or Zara (DK); Simpliworsted or Zara 8 (worsted)

Materials:

Yarn: 75-200 yards of DK or Worsted yarn

Needles: set of 4 or 5 DPNs to get desired gauge

Notions: marker or waste yarn and tapestry needle

Sizes:

2-4 years (4-6 years, 6-8 years, 8 years and older)

Finished hand circumference:

5 ½" (6", 6 ½", 7)

### 1. Cuff:

Cast On:

	5 ½"	6"	6 ½"	7"	
Gauge:					
Worsted: @16=4"	22	24	26	28	sts
DK: @ 22-24=4"	32	36	38	42	sts

Arrange your stitches as you'd like on 3 or 4 dpns. Place a marker and join in the round. Be careful not to twist your stitches. Work in a 1x1 (k1, p1) rib until your cuff measures:

1 ¾"      2 ¼"      2 ½"      2 ½"

### 2. Hand:

Knit in stockinette stitch and increase by 1 stitch at the end of the round

Worsted	23	25	27	28	sts
DK	33	37	28	43	sts

### 3. Thumb Gusset

Knit across:

Worsted	11	12	13	14	sts
DK	16	18	19	21	sts

- Place a marker, MIL, k1, M1R, place a marker, knit to the end (2 sts increased)
- There are now 3 gusset sts between your markers. Knit one round even. Continue to knit this increase pattern according to your gauge:

**Increase row:** knit to m, slip m, MIL, knit to next m, MIR, slip m, knit to end – always 2 gusset stitches increased in each round.

- Increase 2 stitches inside the gusset markers in the above manner every 3 rounds

Worsted	3	3	3	3 times
DK	2	4	4	4 times

- Increase 2 stitches inside gusset markers every 4 rounds

Worsted	n/a (skip to next step)			
DK	2	1	1	1 time(s)

- Your total gusset stitches are now:

Worsted	9	9	9	9
DK	11	13	13	13

- On the next round, place gusset stitches on a length of yarn and remove the gusset markers. Cast on 1 stitch over the gap left by the gusset and knit to the end of the round. Your total stitches are:

Worsted	23	25	27	29
DK	33	37	39	43

#### 4. Hand cont.

- Work until the piece measures

1"                      1 ¼"                      1 ¼"                      1 ½"

...**less** than the desired length. The Stockinette portion should measure about

3"                      3 ½"                      4"                      4 ½"

- On the next round decrease evenly

Worsted	3	1	3	1 sts
DK	1	1	3	3 sts

Leaving...

Worsted	20	24	24	28 sts
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DK	32	36	36	40 sts
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## 5. Shape top

- Work two round pattern:
  - Row 1: repeat *\*to\**

Worsted	*K3	K4	K4	K5, then k2tog*
DK	*K6	K7	K7	K8, then k2tog*

- Row 2:

Both **Worsted** and **DK**: Knit.

- Decrease 4 stitches (working **1 knit stitch less** between decreases) this way, every other round, until there remains:

Worsted	12	16	16	16 stitches
DK	24	28	28	28

- Decrease 4 stitches in this manner **every round** until 4 or 8 stitches remain. Cut the yarn and thread tail through the remaining stitches, pull to close and weave in on the wrong side.

## 6. Thumb

- Place the held gusset stitches onto 3 double pointed needles, pick up and knit 1 stitch over the gap and then join. Total stitches:

Worsted:	10	10	10	10 stitches
DK	12	14	14	14

- Join and work in the round until the thumb measures (from the pick up round) to:

<b>W &amp; DK</b>	¾"	1"	1 ¼"	1 ¼"
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## 7. Shape top of thumb

- Row 1:

W:	[K2tog, k1]2 times, K2tog, k2	– all sizes		
DK:	[K2tog, k2	k3	k3	k3] 2 times, k2 tog,
	k2]			

- *Row 2:*

Both W and DK: knit

- Repeat these two rows one time, decreasing **3 stitches** (working **1 stitch** less between decreases), if you are doing the following sizes and gauges:

Worsted: 6-8 years or 8 and older

DK: all sizes

Otherwise, skip this step and....

- Decrease 3 stitches every round on all sizes **except**

Worsted: 6-8 years or 8 and older

DK: 2-4 years

- You now have:

Worsted: 4 stitches

DK: 6 5 5 5 stitches

- Cut the yarn, thread a six inch tail through remaining stitches and pull tight, pull through the top to the wrong side and weave in the loose ends. Block according to yarn label specifications.
- Please feel free to add an 29" i-cord to connect the mittens through the coat.